



IBHS Community Resource List

Table of Contents

ABA Providers
Outpatient Providers
Co-Occurring MH and D&A
Inpatient Providers
Partial Hospitalization Providers
Crisis Intervention Services
Case Management Services- MH and IDD
Social Skills Groups
Behavioral Health Managed Care Organizations (MCOs) In Pennsylvania

ABA PROVIDERS

AGENCY/COMPANY	CONTACT INFORMATION	COUNTIES	SERVICES PROVIDED
ABYay! LLC	16 Leader Heights Rd York, Pennsylvania 17403 <u>Locations:</u> Harrisburg West Shore Hershey Phone: (717) 814-5371	Adams Cumberland Dauphin Lancaster York	Specialize in language development in early learners by using a verbal behavior and natural environment teaching approach. Provides multi-faceted behavior treatment that targets a child's needs. Some of the most common areas of focus include the following: <ul style="list-style-type: none"> • Language Skill Development • Play Skills • Social Skills • Restricted and Repetitive Behavior • Challenging Behavior Reduction • Executive Functioning Skills • Activities of Daily Living • Eating Difficulties • Rigidity or Difficulty with Transitions or Changes
Access Services	Main Office: 500 Office Center Drive, Suite 100 Fort Washington, PA 19034-3234 1-800-793-2150 (toll free) Schuylkill/Carbon/Berks: 340 S. Liberty Street Orwigsburg, PA 17961-2127 1-800-200-7701 (toll free)	Berks	To empower and serve people in need of specialized supports by providing innovative services that improve their ability to live fulfilling lives in the community To be eligible for the program, care recipients must be under the age of 21. They must also have a MH or Autism diagnosis, be eligible for the receipt of medical assistance, and obtain a written order from either a doctor (PCP), Psychiatrist, or other clinically licensed professional who is enrolled in the Medicaid program, and who is recommending the medical necessity of Intensive Behavioral Health Services
ACHIEVE Behavioral Success, P.C.	3421 E. Market Street York, PA 17402 Phone: (717) 980-1537	Adams Dauphin Lancaster York	ACHIEVE is a small, privately owned business that provides focused and individualized Applied Behavior Analytic (ABA) services to families of children, early-intervention-age to adulthood, with autism and/or other Intellectual/Developmental Disabilities (IDD).

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Achieving True Self, LCC	1015 Pennsylvania Avenue Irwin, PA 15642 Phone: (866) 287-2036	Cumberland Dauphin Lancaster Lebanon Perry York	Treatment services are data-driven and delivered through the principles of Applied Behavior Analysis (ABA). The company's history and experience providing behavioral health treatment with a strong family systems approach proves effective in assessment and treatment of persons with autism and behavioral health diagnoses in creating sustainable change. The team members focus on the transference of skills throughout all stages of treatment to support the ultimate independence of the individual served, their family, and their surrounding community.
All Bright ABA, LLC	20 Bella Vista Drive Mechanicsburg, PA 17050 Phone: (717) 516-1243	Cumberland Dauphin Lancaster Perry York	ABA Supports in Home, School & Community provided by BCBA-Board Certified Behavior Analysts and RBT-Registered Behavior Technicians.
ATTAIN ABA, LLC	Corporate Office: 1326 Chestnut Ave, Philadelphia, PA, 19107 Corporate Contact: (866) 625-4740 (215) 650-8231	Dauphin, Lancaster Lebanon	Through positive reinforcement, active play, and lots of practice, Attain's ABA therapists encourage positive behavior growth and help children communicate, engage in social play, reduce the frequency of their tantrums and build fundamental life skills.
Avonbrook Consulting	220 Sullivan Rd Avondale, PA 19311 Phone: (215) 370-1987	Berks	Avonbrook Consulting has highly qualified consultants, therapists, and teachers to implement all components of Applied Behavior Analysis. All ABC team members are either BCBA, BCaBA, Certified Teacher, RBT's, or pursuing certification and have met ABC's requirements to provide services. Provides in-home and school-based services. Those served by Avonbrook Consulting: <ul style="list-style-type: none"> • Autism Spectrum Disorders • Down Syndrome • ADD / ADHD • Traumatic Brain Injury • Behavioral or Emotional Disorders • Learning Disabilities • Other Developmental Disabilities

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Behavior By Design, LLC	1651 Mt Zion Rd A, York, PA 17406 Phone: (717) 885-5906	Adams Cumberland Dauphin Lancaster Perry York	Behavior By Design helps individuals improve their quality of life through the evidence-based science of Applied Behavior Analysis (ABA). Some of our specialties include toileting, sleep, feeding, dangerous behaviors, life skills, communication, social skills, leisure skills, classroom management, team building, and systems support.
Behavior Interventions, Inc., LCC	583 Shoemaker Road Suite 230 King of Prussia, PA 19406 1001 Cornerstone Drive Mount Joy, PA 17552 Phone: (484) 681-2170	Bucks Cumberland Dauphin Lancaster Lebanon Perry	Board Certified Behavior Analysts specializing in the treatment for individuals with: <ul style="list-style-type: none"> • Autism Spectrum Disorders • Communication & Developmental Delays • Challenging Behaviors
Behavior Therapy International, LLC	325 N. 2nd Street Wormleysburg, PA 17043 Phone: (844) 588-4222 or (844) LUV4ABA	Cumberland Dauphin Lebanon York	As a provider of Applied Behavior Analysis (ABA) therapy, BTI is committed to following the guidelines set by the Behavior Analyst Certification Board (<u>BACB</u>). The BACB provides staff with a strict code of ethics and a list of topics in which they are expected to be competent (BCBA , RBT). BTI provides services in home/community, center, and school settings.
Chester County Intermediate Unit – Home and Community Services	443 Boot Road Downingtown, PA 19335 Phone: (866) 251-3001	Lancaster Lebanon	Home and Community Services of the CCIU provides high quality ABA services in home, school, and community. The clinical staff receive a high level of training and supervision. Each family/client also has case management assigned to them to help them navigate through their service needs.
Community Services Group (CSG)	PO Box 597 320 Highland Drive Mountville, PA 17554 Phone: (877) 907-7970	Adams Dauphin Lancaster Lebanon Perry York	CSG has developed a robust spectrum of specialized programs to help individuals thrive. CSG programs for adults and children include (but are not limited to): <ul style="list-style-type: none"> • Adult MH Services • Children’s MH Services • Adult IDD Services

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

			<ul style="list-style-type: none"> • Clubhouse Vocational Training • Mental Health First Aid Training
Connecting the Pieces, LLC	987 Old Eagle School Road Suite 704 Wayne, PA 19087 Phone: (877) MeetCTP or (877) 633-8287	Berks	Connecting the Pieces (CTP) delivers interventions that improve the lives of children with special needs and works collaboratively with families, schools, and other professionals in the child's life to promote a collaborative and successful outcome.
Expressive Pathways, LLC	7540 Allentown Boulevard Unit 5 Harrisburg, PA 17112 Phone: (717) 649-6085 (223) 797-1485	Cumberland Dauphin Lebanon Lancaster	<p>All services provided through Expressive Pathways are based upon extensive assessments and treatment planning in collaboration with the child's parents and caregivers and are customized to meet the child's specific needs. All interventions and recommendations are individualized to each child.</p> <ul style="list-style-type: none"> • Applied Behavior Analysis (ABA) • Verbal Behavior (VB) • Functional Daily Living Skills • Communication Programs • Behavior Plans • VB-MAPP Assessments • IEP Review & Consultations • Functional Analysis (FA) • Functional Behavior Assessments (FBA)
Folium, Inc. d/b/a Laurel Life Services	7564 Browns Mill Road Chambersburg, PA 17202 Phone: (717) 375-1517 2020 South Queen Street York, PA 17403 (717) 845-7652	Adams Cumberland Dauphin Perry York	<p>Laurel Life's ABA interventions are personalized to reflect the unique behavioral, educational and developmental needs of the child. Master's level clinicians develop treatment programs, combining intensive teaching and behavior modification techniques to help individuals receiving treatment to:</p> <ul style="list-style-type: none"> • Increase skills in language, play and socialization • Decrease challenging behaviors that interfere with • learning and daily life

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

			<ul style="list-style-type: none"> • Reduce or eliminate ritualistic or self-injurious behaviors • Increase attention span • Improve adaptive skills • Increase independence
Helping Hands Family	<u>Support Office:</u> 640 Freedom Business Center Dr. Suite 220, King of Prussia, PA 19406 Phone: (484) 965-9966	Berks Cumberland Lancaster	HHF uses the American Medical Association endorsed Applied Behavior Analysis (ABA) practice to help children with autism reach life-changing milestones HHF uses a child-led and play-based version of ABA Therapy for clients.
Holcomb Behavioral Health Systems (Chimes)	1011 Reed Avenue Suite 900 Wyomissing, PA 19610 Phone: (610) 939-9999 <u>Main Office</u> 467 Creamery Way Exton, PA 19341 Phone: (610) 363-1488	Berks	Provides a comprehensive range of services and supports for people with mental health, substance abuse, intellectual and developmental disabilities, and co-occurring disorders. Additionally, provides an array of prevention and educational programs for youth, parents, and adults to encourage healthy choices and lifestyles.
KidsPeace https://www.kidspeace.org/	<u>Corporate Headquarters</u> 4085 Independence Drive Schnecksville, PA 18078 Phone: (610) 799-8222	Berks	KidsPeace is a private charity dedicated to serving the behavioral and mental health needs of children, families and communities. KidsPeace’s Broadway and Berks campuses offer outpatient services for clients with autism
Merakey	<u>Corporate Headquarters</u> 620 East Germantown Pike Lafayette Hill, PA 19444 Phone: (888) 647-0020	Cumberland Dauphin Lebanon Perry York	Merakey is a non-profit provider of developmental, behavioral health, and education services. The programs support individuals with all kinds of needs, from people with addiction or intellectual and physical disabilities, to homeless veterans and children in need of homes.

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Mission Autism Clinics	1700 Westgate Drive Suite 101 York, PA 17408 Phone: (888) 726-4774	Adams Berks Cumberland Dauphin Lancaster York	MAC's licensed Community Autism Services program provides support to children, youth, young adults, and their parent(s) or caregiver(s) across home, school, and/or community environments. The intensity of support is based on both a written order from an evaluator as well as a MAC clinician's assessment and recommendation. Staffing compliments are assigned to meet the needs of the individual requiring support.
NeurAbilities Healthcare	170 N. Henderson Rd, #200 King of Prussia, PA 19406-1349 Phone: (856) 346-0005	Adams Berks Lancaster York	NeurAbilities provides coordinated and collaborative medical, psychological and behavior diagnostic and treatment services. Assessments are personalized and treatment plans are targeted with insight, guidance and support every step of the way.
PA Counseling Services, Inc.	https://pacounseling.com/ Phone: 1 (855) 272-1653	Adams Berks Cumberland Dauphin Lancaster Lebanon Perry York	Behavior consultation-ABA, behavior consultation, mobile therapy, behavioral health technician-ABA and behavioral health technician all work together to provide the following services: <ul style="list-style-type: none"> • Development and implementation of individual treatment plans. • Consultation and collaboration with and transfer of skills to parents, school staff and other caregivers. • Specialized treatments targeting symptoms of various childhood mental health disorders such as attention deficit hyper-activity disorder, oppositional defiant disorder and anxiety disorders. • Specialized Autism treatment
Paragon Behavioral Health Services, LLC	925 Berkshire Blvd. Wyomissing, PA 19610 Phone: (484) 516-2330 390 E. Main Street Suite 201 Ephrata, PA 17522 Phone: (717) 466-6505	Berks Lancaster	IBHS Autism Individual Program aims to provide evidence-based interventions tailored to the individual needs of each client and family. Uses basic principles of applied behavior analysis (ABA) to work towards this as a combined effort. Strives to improve the quality of life for families and children through support and provide skill education to the caregiver(s).
Pennsylvania Comprehensive	2555 Cape Horn Rd, Red Lion, PA 17356	Adams Cumberland	PCBH offers a vast array of mental health services which include: <ul style="list-style-type: none"> • School Based Outpatient Services

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Behavioral Health Services, LLC	Phone: (717) 600-0900	Dauphin Lancaster York	<ul style="list-style-type: none"> • IBHS (BHR) Services • Functional Behavioral Assessments • Behavioral Consultant (BC & BC-ABA) • Mobile Therapy (MT) • Behavioral Health Technician (BHT) • Registered Behavior Technician (RBT) • Psychiatric Evaluation • Medication Management • Neuropsychological Testing • Specialized Group Therapy • Outpatient Therapy • Art Therapy • Advocate Services
Ponessa Behavioral Health	<u>Corporate Headquarters</u> 410 N. Prince St. Lancaster, PA 17603 Phone: (717) 560-7917 Central Referral 1 (877) 228-9177	Cumberland Dauphin Lancaster Lebanon Perry York	<p>The treatment goals of IBHS include assisting the child in becoming more functional in the child's natural settings, such as the home, school, or community environment. Goals include, but are not limited to, the following:</p> <ul style="list-style-type: none"> • Conflict resolution techniques • Positive social skills • Managing emotions effectively • Development and implementation of a behavior modification plan • Providing structure and setting limits • Time management and organization strategies • Enhancing family relationships and support • Expanding community resources and natural supports • Transferring skills to caregivers
Swank Early Skills Development, LLC	1630 Manheim Pike Suite 5A, Box 16 Lancaster, PA 17601 Phone: (717) 945-6491	Berks Cumberland Dauphin Lancaster York	Through individualized ABA strategies and techniques, the team helps clients become more independent so that they will be more autonomous throughout their lifetime.

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

	Intake/Client Services Coordinator: (717) 740-6161		The goal is to help clients, and their families, develop the skills and independence that can help lead to more autonomy, fulfillment, and enjoyment of their lives.
TEAMCare Behavioral Health, LLC	1808 Colonial Village Lane Suite 103 Lancaster PA 17601 Phone: (717) 391-0172 Website: https://teamcarebh.com	Dauphin Lancaster	IBHS services incorporates an array of therapeutic, evidence-based practices and interventions to support children, youth or young adults in the home, school or other community settings. Services are delivered based on an individualized treatment plan that is strengths-based, and reflective of identified needs in various life domains.
TrueNorth Wellness	625 W Elm Avenue, Hanover, PA 17331 (717) 632-4900 1195 Roosevelt Avenue, York, PA 17404 (717) 843-0800 5351C Jaycee Avenue, Ste 1, Harrisburg, PA 17112 (717) 657-2080	Adams Cumberland Dauphin Perry York	Intensive Behavioral Health Services (IBHS) support children and their families by providing intensive services in the home, school, and community settings as necessary. Previously known as wraparound services, this program focuses on stabilizing symptoms and behaviors and transferring skills to the child's natural support system.
Vista ABA	1021 Springboard Drive Hershey, PA 17033 Phone: (717) 583-5102	Adams Berks Cumberland Dauphin Lancaster Lebanon Perry	Direct services (social skills intervention), consultative (classroom design & consultation, training & support, data collection & analysis, behavior plans & intervention, and IEP process), in-service training and adult services (employment, community integration center, behavior support, and residential). ABA therapy delivered in a 1:1 direct therapy context within the home, community, or school. Vista's ABA services are available for support in the home, community, and school settings (i.e. outside of licensed IBHS private schools).

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Vista Early Intervention	659 Spring Garden Drive Middletown, PA 17057 Phone: (717) 835-1116	Berks Cumberland Dauphin Lancaster Lebanon Perry	Early intensive behavior intervention delivered in a 1:1 direct therapy context for 20-35 hours a week and parent training.
Vista Adult Services Organization	24 Northeast Drive Hershey, PA 17033 Phone: (717) 538-5102	Berks Cumberland Dauphin Lancaster Lebanon Perry	Comprehensive support, both direct and indirect, for adult customers within the home, community, residential, and employment environments. Support includes FBAs, program development including crisis plans and behavior support plans, monitoring of interventions and data analysis, and training/support for direct support staff/caregivers.
WellSpan Philhaven	<u>Main Location</u> 283 South Butler Road Lebanon, PA 17042 Phone: (717) 270-2422	Lancaster Lebanon York	Provides home and community support to assist youth with developmental challenges, so that children can live successfully within their community.

OUTPATIENT PROVIDERS

AGENCY/COMPANY	CONTACT INFORMATION	AREAS OF FOCUS
LICENSED CLINICAL SOCIAL WORKER		
Deborah Bauer, LCSW	205 Grandview Ave Suite 404, Camp Hill, PA 17011 Phone: (888) 924-3627	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Eating Disorders, Faith-Based Counseling, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Parent-Child Interaction Therapy, Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse Age Restriction: 5 years old and up
Aimee Bernstein, LCSW	Lancaster General Medical Group 99 Masonic Dr. Suite 101, Elizabethtown, PA 17022 Phone: (717) 560-3782 Gethsemane Counseling and Coaching 1502 Milton Grove Rd. Mount Joy, PA 17552 Phone: (717) 342-8470	Anxiety, Phobias & Related Disorders, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Eating Disorders, Mental Health Outpatient Counseling Age Restriction: 5 years old and up
Brooklyn Bahlow, LCSW	205 S Front St. Harrisburg, PA Phone: (717) 231-8360	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Depression, Eating Disorders, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Trauma/Physical/Sexual Abuse
Julie Cadenhead, LCSW	205 S Front St. Harrisburg, PA 440 Carlisle Pike, Camp Hill PA 17011 Phone: (717) 231-8360	Anxiety, Phobias & Related Disorders, Autism, Cognitive Behavioral Therapy (CBT), Depression, Faith-Based Counseling, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD)

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

		Age Restriction: 5 years old and up
Melissa Hixson, LCSW	28 W Shortcut Rd Newport, PA 17074 Phone: (717) 567-3524	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Cognitive Behavioral Therapy (CBT), Depression, Eye Movement Desensitization & Reprocessing (EMDR), Faith-Based Counseling, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Play Therapy, Reactive Attachment Disorder (RAD), Trauma/Physical/Sexual Abuse
Nakeesha Kenney-Futrell, LCSW	179 Watson St. Steelton, PA 17113 Phone: (717) 229-0450	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Biofeedback, Cognitive Behavioral Therapy (CBT), Depression, Faith-Based Counseling, Family/Couple Therapy, Geriatric/Older Adults, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Reactive Attachment Disorder (RAD), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Sarah Kimber, LSW	28 W Shortcut Rd, Newport, PA 17074 Phone: (717) 567-3524	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Cognitive Behavioral Therapy (CBT), Depression, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Play Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Gwyndelyn Lipari, LCSW	155 S. Hanover St Carlisle, PA 17013 Phone: (717) 386-5971	Autism, Cognitive Behavioral Therapy (CBT), Depression, Geriatric/Older Adults, Mental Health Outpatient Counseling, Trauma/Physical/Sexual Abuse
Samuel Lowe, LSW	28 W Shortcut Rd, Newport, PA 17074 Phone: (717) 567-3524	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Cognitive Behavioral Therapy (CBT), Depression, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Play Therapy, Trauma/Physical/Sexual Abuse

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Mynd Works	Jewish Family Service of Greater Harrisburg, Inc. 3333 N. Front Street Harrisburg, PA 17110 Phone: (717) 233-1681	Treatment of anxiety and depression using Cognitive Behavioral Therapy (CBT), Grief and loss therapy Treatment of trauma and PTSD through the lifespan, Parenting Issues; including parenting of foster and adoptive children, Older adult therapy to meet the unique challenges of the aging process, Directive and Non-Directive Play Therapy
Cheryl Miller, LCSW	5000 Ritter Rd Suite 202, Mechanicsburg, PA 17055 Phone: (717) 790-6019	Anxiety, Phobias & Related Disorders, Cognitive Behavioral Therapy (CBT), Depression, Eye Movement Desensitization & Reprocessing (EMDR), Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Teniola Osundeko, LCSW	3600 Vartan Way, Harrisburg, PA 17110 Phone: (717) 919-4564	Anxiety, Phobias & Related Disorders, Co-occurring MH/D&A, Cognitive Behavioral Therapy (CBT), Depression, Faith-Based Counseling, Medication Management, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD)
Amanda Sigrist, LCSW	401 E Louther St Ste 219, Carlisle, PA 17013 Phone: (717) 245-0088	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Eating Disorders, Faith-Based Counseling, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Medication Management, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Hilary Spease, MSW	2818 Green St. Harrisburg, PA 17110 Phone: (717) 238-6880	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Eye Movement Desensitization & Reprocessing (EMDR), Family/Couple Therapy, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse

PSYCHIATRY		
Nungshitombi Chongtham, MD	22 Northeast Drive, Hershey, PA 17033 Phone: (800) 243-1455	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/ID, Depression, Eating Disorders, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Trauma/Physical/Sexual Abuse
Elaine Douglas, MD	22 Northeast Drive, Hershey, PA 17033 Phone: (800) 243-1455	Anxiety, Phobias & Related Disorders, Depression, Mental Health Outpatient Counseling, Personality Disorders, Trauma/Physical/Sexual Abuse
Thomas Fenstermacher, MD	283 S. Butler Rd. PO Box 550, Mount Gretna, PA 17064 Phone: (717) 273-8871	Anxiety, Phobias & Related Disorders, Depression, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders
Julie Graziane, MD	2501 N. 3 rd St. Harrisburg, PA 17100 Phone: (717) 782-4734	Anxiety, Phobias & Related Disorders, Depression, Medication Management, Mental Health Outpatient Counseling, Trauma/Physical/Sexual Abuse
Caroline Jones, MD	205 S Front St. Harrisburg, PA Phone: (717) 231-8360	Mental Health Outpatient Counseling
Daniel Kravitz, MD	205 S Front St. Harrisburg, PA Phone: (717) 231-8360	Mental Health Outpatient Counseling
Thejasvi Lingamchetty, MD	22 Northeast Drive, Hershey, PA 17033 Phone: (800) 243-1455	Mental Health Outpatient Counseling
Saiqa Mushtaq, MD	252 S 4th St, Lebanon, PA 17042 Phone: (717) 851-8017	Anxiety, Phobias & Related Disorders, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Eating Disorders, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Trauma/Physical/Sexual Abuse

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Ndidiamaka Nwaka, MD	500 University Dr, Hershey, PA 17033 Phone: (717) 531-8338	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/ID, Depression, Eating Disorders, Medication Management, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse
Aum Pathare, MD	30 Hope Dr, Hershey, PA 17033 Phone: (717) 531-8338	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse
Kenneth Rogers, MD	252 S 4th St, Lebanon, PA 17042 Phone: (717) 851-8017	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Faith-Based Counseling, Mental Health Outpatient Counseling, Personality Disorders, Trauma/Physical/Sexual Abuse
Erika Saunders, MD	22 Northeast Drive, Hershey, PA 17033 Phone: (800) 243-1455	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Depression, Eating Disorders, Medication Management, Mental Health Outpatient Counseling, Personality Disorders, Reactive Attachment Disorder (RAD)
Nicole Witman, DO	503 N 21st St, Camp Hill, PA 17011 Phone: (717) 972-7919	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Eating Disorders, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse
PSYCHOLOGY		
Melissa Brown, PSYD	1000 Bent Creek Blvd Ste 10, Mechanicsburg, PA 17050	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/ID, Cognitive Behavioral

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

	Phone: (717) 988-9460	Therapy (CBT), Depression, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Play Therapy, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Augusto Delorme, PHD	1000 Bent Creek Blvd Ste 10, Mechanicsburg, PA 17050 Phone: (717) 988-9460	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Cognitive Behavioral Therapy (CBT), Depression, Eating Disorders, Eye Movement Desensitization & Reprocessing (EMDR), Family/Couple Therapy, Geriatric/Older Adults, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Pain Management, Parent-Child Interaction Therapy, Play Therapy, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Bruce Eyer, MS	418 Cloverleaf Rd, Elizabethtown, PA 17022 Phone: (717) 560-3782	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Eye Movement Desensitization & Reprocessing (EMDR), Faith-Based Counseling, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Angela Gorman, PHD	1000 Bent Creek Blvd Ste 10, Mechanicsburg, PA 17050 Phone: (717) 988-9460	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Cognitive Behavioral Therapy (CBT), Depression, Eating Disorders, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Mark Johnson, PSYD	1000 Bent Creek Blvd Ste 10, Mechanicsburg, PA 17050 Phone: (717) 988-9460	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Cognitive Behavioral Therapy (CBT), Depression, Dialectical Behavior Therapy

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

		(DBT), Faith-Based Counseling, Family/Couple Therapy, Geriatric/Older Adults, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Play Therapy, Reactive Attachment Disorder (RAD), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Dana Keener, PSYD	222 S Market St Ste 104, Elizabethtown, PA 17022 Phone: (717) 367-9148	Anxiety, Phobias & Related Disorders, Cognitive Behavioral Therapy (CBT), Depression, Faith-Based Counseling, Family/Couple Therapy, Medication Management, Mental Health Outpatient Counseling, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Trauma/Physical/Sexual Abuse
Roger Kelly, CP	525 N 12 th St. Suite 100, Lemoyne, PA 17043 Phone: (717) 730-0733 4349 Carlisle Pike, Camp Hill, PA 17011 Phone: (717) 775-3380	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Mental Health Outpatient Counseling, Neuropsychological Testing, Obsessive Compulsive Disorders (OCD), Trauma/Physical/Sexual Abuse
Susan Mayes, PHD	22 Northeast Drive, Hershey, PA 17033 Phone: (800) 243-1455	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Depression, Mental Health Outpatient Counseling, Neuropsychological Testing, Obsessive Compulsive Disorders (OCD), Reactive Attachment Disorder (RAD)
Emily Ruch, PSYD	3550 Concord Rd, York, PA 17402 Phone: (717) 851-6340	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Cognitive Behavioral Therapy (CBT), Depression, Medication Management, Mental Health Outpatient Counseling, Neuropsychological Testing, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
Cynthia Stauffer, CP	660 Rising Sun Rd, Millersburg, PA 17061 Phone: (717) 360-8900	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Cognitive Behavioral Therapy (CBT), Depression, Family/Couple Therapy, Mental Health Outpatient Counseling, Obsessive Compulsive Disorders (OCD), Personality Disorders, Play

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

		Therapy, Reactive Attachment Disorder (RAD), Trauma/Physical/Sexual Abuse
Amy Swope, PHD	2575 Eastern Blvd Ste 204, York, PA 17402 Phone: (717) 894-0523	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Outpatient Counseling, Neuropsychological Evaluation/Testing, Neuropsychological Testing, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Trauma/Physical/Sexual Abuse
Adam Wilikofsky, CP	554 N Duke St Fl 3, Lancaster, Pa 17602 Phone: (717) 544-2300	Anxiety, Phobias & Related Disorders, Cognitive Behavioral Therapy (CBT), Depression, Family/Couple Therapy, Mental Health Outpatient Counseling
Mark Zengerle, CP	4349 Carlisle Pike, Camp Hill, Pa 17011 Phone: (717) 775-3380	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Medication Management, Mental Health Outpatient Counseling

INPATIENT PROVIDERS

AGENCY/COMPANY	CONTACT INFORMATION
WellSpan Philhaven IP Psych	283 S Butler Rd. Lebanon, PA 17042 (Lebanon) (717) 273-8871
PA Psychiatric Institute IP Psych	2501 N 3rd St. Harrisburg, PA 17110 (Dauphin) (717) 782-6420
Lancaster Behavioral Health Hospital IP Psych	333 Harrisburg Ave Lancaster, PA 17603 (Lancaster) (717) 740-4100
Holy Spirit Hospital IP Hosp	503 N. 21st St Camp Hill, PA 17011 (Cumberland) (717) 763-2260
York Hospital Behavioral Health Services IP Hosp	1001 S. George St. York, PA 17403 (York) (717) 851-2304
Haven Behavioral Hospital IP Psych	145 N 6th St Reading, PA 19601 (Berks) (610) 406-4345
Reading Behavioral Healthcare LLC IP Psych	201 Wellness Way Reading, PA 19605 (Berks) (484) 659-2300
Ephrata Community Hospital IP Hosp	169 Martin Ave. Ephrata, PA 17522 (Lancaster) (717) 738-6400

PARTIAL HOSPITALIZATION PROGRAMS

AGENCY/COMPANY	CONTACT INFORMATION
CSG MH-PHP	2601 Herr St. Harrisburg, PA 17103 (Dauphin) (717) 230-9622
PA Psychiatric Institute MH-PHP	2501 N 3rd St. Harrisburg, PA 17110 (Dauphin) (717) 782-6240
Merakey Pennsylvania MH-PHP	1801 N Front St. Harrisburg, PA 17102 (Dauphin) (717) 238-8852
Truenorth Wellness MH-PHP	625 W Elm Ave. Hanover, PA 17331 (Adams) (717) 632-4900
CSG MH-PHP	1902 Olde Homestead Ln, Lancaster, PA 17601 (Lancaster) (717) 390-0353
Ponessa Behavioral Health MH-PHP	354 N Prince St Ste 120 Lancaster, PA 17603 (Lancaster) (717) 560-7917
Holy Spirit Hospital PHP	503 N. 21 st St. Camp Hill, PA 17011 (Cumberland) (717) 763-2249

CRISIS INTERVENTION PROGRAMS

AGENCY/COMPANY	CONTACT INFORMATION
County Of Dauphin Crisis	295 State Dr, Elizabethville, PA 17023 (Dauphin) (717) 896-3426
Connections PA LLC	1100 S Cameron St STE 2, Harrisburg, PA 17104 (Dauphin) (717) 408-1353
York Hospital BH SVCS Crisis	1001 S George St, York, PA 17403 (York) (717) 851-2304
Lancaster Co BH & Dev Serv CRISIS	1120 Frances Ave, Lancaster, PA 17601 (Lancaster) (717) 299-8021
Holy Spirit Hospital BH Services- Crisis	45 Sprint Dr. Carlisle, PA 17015 (Cumberland) (717) 243-6005

CASE MANAGEMENT SERVICES

AGENCY/COMPANY	CONTACT INFORMATION	AREAS OF FOCUS
Keystone Service System, Inc TCM	3700 Vartan Way, Harrisburg, PA 17110 (Dauphin) (717) 482-8500	Anxiety, Phobias & Related Disorders, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Geriatric/Older Adults, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Targeted Case Management, Obsessive Compulsive Disorders (OCD), Personality Disorders, Trauma/Physical/Sexual Abuse
CMU TCM	295 State Dr, Elizabethville, PA 17023 (Dauphin) (717) 362-1212	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Eating Disorders, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Targeted Case Management, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse
Lancaster Co BH & DEV SERV TCM	750 Eden Rd, Lancaster, PA 17601 (Lancaster) (717) 299-8021	Anxiety, Phobias & Related Disorders, Attention Deficit Hyperactivity Disorder - ADHD, Autism, Co-occurring MH/D&A, Co-occurring MH/ID, Depression, Eating Disorders, Faith-Based Counseling, Geriatric/Older Adults, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Targeted Case Management, Obsessive Compulsive Disorders (OCD), Personality Disorders, Reactive Attachment Disorder (RAD), Sexual Dysfunction, Trauma/Physical/Sexual Abuse
County of Dauphin D&A SA-TCM	3815 Tecport Dr Ste E, Harrisburg, PA 17111 (Dauphin) (717) 635-2254	Co-occurring MH/D&A, Faith-Based Counseling, Family/Couple Therapy, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care
Holy Spirit Hosp-BH services SA-TCM	20 Erform Rd, Lemoyne, PA 17043 (Cumberland) (717) 763-3033	Anxiety, Phobias & Related Disorders, Depression
Cumberland-Perry D&A Comm SA-TCM	16 W High St, Carlisle, PA 17013 (Cumberland) (717) 240-6300	Co-occurring MH/D&A, Substance Abuse LOC Assessment

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Merakey Stevens Center TCM	33 State Ave Carlisle, PA 17013 (Cumberland) (717) 243-6033	Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Targeted Case Management, Personality Disorders
Holy Spirit Hosp BH Services TCM	503 N 21st St, Camp Hill, PA 17011 (Cumberland) (717) 763-2219	Autism, Co-occurring MH/D&A, Depression, Eating Disorders, Lesbian, Gay, Bisexual, Transgender (LGBTQ+) Care, Mental Health Targeted Case Management, Personality Disorders, Reactive Attachment Disorder (RAD), Trauma/Physical/Sexual Abuse

SOCIAL SKILLS GROUPS

AGENCY/COMPANY	CONTACT INFORMATION	COUNTIES	GROUP DETAILS
ABA Support Services, LCC	Trolley Station Mall Suite 22A 224 Nazareth Pike Bethlehem, PA 18120 Phone: (610) 365-8373	Adams Berks Cumberland Dauphin, Lancaster Lebanon Perry York	Social Skills Groups offered in collaboration with the Autism Society of Berks County. Groups are available at no cost but require year-long commitment. Open to participants with autism who are high functioning, verbal, and residents of Berks County.
Autism & Behavioral Consulting, LLC	201 King of Prussia Rd Suite 650, Wayne, PA 19089 Phone: (855) 581-0100	Berks	The foundation of the social groups relies on the principles of Applied Behavior Analysis to help improve social behaviors in children with an autism spectrum disorder or other disorders. The social groups were founded for children who demonstrate social deficits are not able to readily read the cues of others or navigate their environment.
Continuum Behavioral Health	1167 W Baltimore Pike Suite 258 Media, PA 19063-5127 Phone: (484) 577-9928	Adams Berks Cumberland Dauphin, Lancaster Lebanon Perry York	Offers multiple social skills groups for teens and pre-teens both in-person and via telehealth. These groups address many topics such as: developing and maintaining friendships, teamwork, communication with peers, strategies for handling complex emotions, and more. Group-based curriculum is scientifically based for teaching skills needed for navigating the social world. From small group instruction to structured social outings, one will develop effective ways to build lasting relationships with their peers.
Developmental & Disability Services of Lebanon Valley	1126 Walnut Street Lebanon, PA 17042 Phone: (717) 274-3493	Lebanon	Children with ASD and other social delays can participate in this social skills groups held at DDS of Lebanon Valley. Activities may include role-playing, games and educational exercises to help children learn how to navigate various social situations. Taking part in social skill groups helps children learn from their peers and increases their understanding of body language and non-verbal cues.

VISTA AUTISM SERVICES – IBHS COMMUNITY RESOURCE LIST

Stepping Stones and Stepping Stones Plus	<u>Merakey Corporate Headquarters</u> 620 East Germantown Pike Lafayette Hill, PA 19444 Phone: 1-888-647-0020 1-888-NHS-0020	Cumberland Dauphin Lebanon Perry York	Stepping Stones and Stepping Stones Plus are highly structured programs for children with autism and/or emotional support needs. These programs help participants learn and practice targeted skills, like developing peer relationships, positive communication, and interactive play.
TherAbilities	4210 Linglestown Road Harrisburg, PA 17112 Phone: (717) 540-9218	Cumberland Dauphin Lebanon Perry	<p>Friendship Groups (elementary age) are designed to enhance the social awareness and interpersonal skills of children with developmental challenges. Social language and social cognition are central elements of this program. Friendship Group schedule includes developmentally appropriate play, cooperative and recreational activities, and facilitated discussions.</p> <ul style="list-style-type: none"> • Parent meetings explain the curriculum and help ensure carryover of skills to be practiced in home/community settings. <p>Friendship Club (young adults) is a therapeutic and recreational program for young adults that promotes friendships, social skills, and leisure exploration. It is designed and led by licensed therapists and behavioral clinicians.</p>
Timothy S. Zeiger, Psy.D., PLLC	1512 East Caracas Avenue Suite 300 Hershey, PA 17033 Phone: (717) 489-2275	Berks Cumberland Dauphin Lancaster York	Social skills, anxiety management, and coping skills for ages 3 to 17.
Unending Promise	Community Evangelical Church 51 Green Valley Road Sinking Spring, PA 19608 Phone: (484) 955-2747	Berks	<p>Unending Promise offers a variety of opportunities for individuals and families living with autism to come together to discuss daily victories and challenges. Unending Promise was founded as a way to help children with autism throughout their adult lives.</p> <p>Some of the groups currently offered and some offered in the past:</p> <ul style="list-style-type: none"> • Meet UP & Create (age about 8+) – Working with a local artist, participants will have the opportunity to create a variety of projects. • Meet UP & Drum (all ages) – Using a collection of special drums and percussion instruments of various shapes, sizes, and sounds,

			<p>participants enjoy a special type of connection to music and each other.</p> <ul style="list-style-type: none">• Meet UP & Move (all ages) – This group meets weekly during the summer to walk the trails at Grings Mill and other places in Berks County• Unending Promise Game Night (age about 15+) – This activity is very popular. Join us for a fun night of board & card games & lots of laughs. Bring a snack to share.
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BEHAVIORAL HEALTH MANAGED CARE ORGANIZATIONS (MCOs) IN PENNSYLVANIA

NAME OF ORGANIZATION/WEB ADDRESS	COUNTIES SERVED	MEMBER SERVICES NUMBER
Community Care Behavioral Health (CCBH) Website: www.ccbh.com	Adams	(866) 738-9849
	Berks	(866) 292-7886
	York	(866) 542-0299
PerformCare Website: www.performcare.org	Cumberland, Dauphin, Lancaster or Lebanon, Perry	(888) 722-8646